Hamilton Trails

The following information has been sourced from the city of Hamilton’s trail listings: http://www.hamilton.ca/CityDepartments/PublicWorks/Parks/PublicTrails/trailslist.htm#red visit the site for more specific details, facts, history and other park and recreational areas.

**Battlefield Creek Trail**
Can be accessed through Battlefield Park (https://goo.gl/maps/H5zrx) and is a 40 min bus ride (or 20 min drive) from McMaster University (https://goo.gl/maps/p1sK0). This is a lovely scenic trail with wildflowers growing along the path and connects onto the main Bruce Trail

*Accessibility:* Not accessible to wheelchairs – rocky terrain with various slopes.

**Bayfront Park Trail**
Bayfront Park (https://goo.gl/maps/8IGis), one of Hamilton’s waterfront parks, is a 20 min bike ride (or 1h walk/bus) from McMaster University (https://goo.gl/maps/7YMji). The park boasts a number of features including a multi-use asphalt pathway 1.5 kilometres. The path continues on from Batfront park to connect with Pier 4 and the Hamilton harbour Waterfront Trail. The trail is great for those looking to run/roller blade/ bike and the open green lawns of the park are perfect for picnics.

*Accessibility:* accessible to wheelchairs – trail, ramp at boat launch, public washrooms, drop-off area at plaza, drinking fountain.

**Breezeway Trail**
The Breezeway Trail (https://goo.gl/maps/5VDZl) is located along the eastern shore of Lake Ontario. This asphalt-surface trail extends along Hamilton Beach from Beach Boulevard to Grays Road, and is approximately 3 kilometres long by 3.5 metres wide. The trail features Lakeland Pool, Confederation Park, Wild Waterworks and connects onto/forms a part of the Lake Ontario Waterfront trail.

*Accessibility:* accessible to wheelchairs – open asphalt trail, public areas, and parking.

**Chedoke Radial Trail**
The Chedoke Radial Recreational Trail (https://goo.gl/maps/U3EYq) is a pedestrian and bicycle pathway developed on the former right of way of the Brantford and Hamilton Electric Railway. It is part of the Bruce Trail and runs for 2.7 kilometres traversing the escarpment to Scenic Drive. Here, the trail links with a Hamilton Region Conservation Authority Trail that crosses the Iroquoia Heights Conservation Area and ends at Highway 403.

*Accessibility:* accessible to wheelchairs – semi paved/gravel/dirt road with some slope and inclination
Cootes Drive Trail
The Cootes Drive Trail ([https://goo.gl/maps/83qiV](https://goo.gl/maps/83qiV)) is a multi-use asphalt trail extending between Sanders Boulevard (Hamilton) and Dundas/Thorpe Street (Dundas). The trail is 3.5 metres wide and runs for 2.5 kilometres, and can be accessed from Sanders Boulevard (where there is a signed level crossing of Cootes Drive to McMaster University), just south of the McMaster University bridge across Cootes Drive, Olympic Drive, King/East Street and Dundas/Thorpe. The trail runs along Cootes Drive and is bordered by wooded meadows on one side full of fireflies and other critters.

Accessibility: accessible to wheelchairs – open asphalt trail

Desjardins Recreational Trail
The Desjardins Recreational Trail ([https://goo.gl/maps/4RJ4g](https://goo.gl/maps/4RJ4g)) is a 1 kilometre long trail extending from Kay Drage Park access road, along the Chedoke Creek to Cootes Paradise, across the creek then on to the Desjardins Canal. The trail links with the Hamilton Harbour Waterfront Trail.

Accessibility: accessible to wheelchairs – trail, ramp at boat launch, public washrooms, drop-off area at plaza, drinking fountain.

Dundas Valley Conservation Area Trails
A large network of trails criss-crosses the Dundas Valley Conservation Area ([https://goo.gl/maps/bQX7E](https://goo.gl/maps/bQX7E)) which include the Deer Run Ski Trail, the Main Loop and various other smaller ones that connects off the Main Loop. The Trail system is connected to the Hamilton-Brantford Rail Trail that passes right through the Conservation Area as well as the Bruce Trail system which also go through the Conservation Area via the Main Loop.

Accessibility: Not accessible to wheelchairs – natural foot path, various uneven terrains and slopes.

Escarpment Rail Trail
The Escarpment Rail Trail ([https://goo.gl/maps/OwwLo](https://goo.gl/maps/OwwLo)) is a multi-use trail developed on an abandoned CN line. The trail extends from above the escarpment near Albion Falls and heads west to the lower city. The trail follows the former CN right-of-way along the escarpment and offers beautiful views of the lower city, the Niagara Escarpment, and the Hamilton Brick Works.

Accessibility: accessible to wheelchairs – semi paved and asphalt surfaces

Hamilton Brantford Rail Trail
The 30-40km long Hamilton Brantford Rail Trail ([https://goo.gl/maps/L3nD7](https://goo.gl/maps/L3nD7)) connects Hamilton to Brantford. A semi-smooth gravel trail, it runs along the old rail line that once used to connect the 2 cities. The Trail passes through the Dundas Valley Conservation Area the Victorian style Train Station that still resides there and acts as the main Trail Center.
Hamilton Harbour Waterfront Trail
The 3.4 kilometre long multi-use trail (https://goo.gl/maps/R0KI1) makes its way along the shore from Bayfront Park to Princess Point, and through the Desjardins Canal with a floating walkway paralleling the boat channel. The trail connects to the Trans Canada Trail, the Lake Ontario Waterfront Trail in Burlington, and the Desjardins Canal bordering Cootes Paradise.

Pier 4 Park Trail
Pier 4 Park (https://goo.gl/maps/nc4q3) is located on Bay Street North at Leander Drive. The park features a multi-use asphalt trail 349 metres in length and 4 metres wide which provides barrier-free access to all areas of the park and linkages with the surrounding harbourfront precinct. Pier 4 Park is charming and picturesque waterfront park. Its main features include an 80-foot tugboat play structure, oriented to provide children with a full view of the water; a curved boardwalk with a pavilion and benches; and the Gartshore-Thomson Building, which contains public washrooms and meeting rooms. Additional features include a shoreline promenade, an open lawn area, a parking lot, picnic tables and benches, and a wheelchair access.

Red Hill Valley Recreational Trail
Beginning at the top of the Niagara Escarpment (Mud Street, adjacent to Kings Forest Park), the Red Hill Valley Recreational Trail (https://goo.gl/maps/GyQuM) traverses the escarpment and runs northeast through the Red Hill Valley to its end at Brampton Street, south of the Queen Elizabeth Highway and Lake Ontario. The trail is approximately 10.5 kilometres long by 3 metres wide, and includes bridge crossings of the Red Hill Creek.

Rock Chapel, Borer’s Falls, Cartwright Trails
Along the Niagara escarpment on the north western end of Cootes are several natural areas (https://goo.gl/maps/l28Ul) with various trail systems running through them. Rock Chapel, Borer’s Falls and Cartwright offer hikers views from atop of the escarpment, magnificent vista’s and various learning opportunities.
Spencer Creek Trail
This 2.5 kilometre footpath (https://goo.gl/maps/fpY23) runs from Ogilvie Street bridge over the Spencer Creek, and west to the Mill Street bridge. From there, sidewalks link to the Bruce Trail near the CN overpass on Highway 8. Gardens trails continue along the south shore of Cootes Paradise to McMaster University, Westdale, and Princess Point.

Spencer Gorge Wilderness Area Trails
Websters Falls Side Trail and Glen Ferguson Side Trail (https://goo.gl/maps/M9AF5) both run within the Spencer Gorge area and pass through Dundas Peak, Tews Falls and Websters Falls. The trails themselves are part of the Bruce Trail network that passes through Hamilton and have various vistas and waterfalls along the way to explore.

Lake Ontario Waterfront Trail
A 350 kilometre trail along the shores of Lake Ontario, presently extending from Stoney Creek to Quinte West. Part of it runs through the City of Hamilton from Stoney Creek alongside Lake Ontario to Burlington. The Lake Ontario Waterfront Trail links to the Red Hill Valley Trail at Centennial Parkway. The trail passes through Van Wagers Beach, Confederation Park, Windermere Basin, and the Beach Strip, to the Burlington Canal Lift Bridge, and then through Bayfront and Pier 4 Parks to the Desjardins Canal.